

Cedar Fire, LLC
Weekend of June 20-22nd, 2008
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Join us in Frankfort KY as we take a step back from the everyday hustle bustle

Experience a weekend of relaxation, horse trail-rides, camping, learning, and laughter.

Cedar Fires is inviting you to attend a peaceful weekend in a primitive setting nestled between Shelbyville, and Frankfort KY. You will find at your leisure, the following optional activities:

**8.:00 and 6 p.m. Meals provided and bag lunch mid-day for packing out on horseback
***Daily rides scheduled at 8 a.m and 2 pm, weather permitting
massages by a licensed massage therapist**

**Choose from a variety of classes available: energy healing, building your self esteem, the study of chakras, couples groups using Kamp KESSA horses and healing techniques, etc
Activities available: nature hiking, Kamana Wilderness Activities, Aiko, Bluegrass Music, Native American Games, etc.**

**"Pamper Yourself" break, with Arbonne products
8 p.m campfire fun, FEEL FREE TO BRING YOUR OWN INSTRUMENTS! And Join in with our Bluegrass Band- performance Saturday night**

Cost: With your own horse: 115.00 per person

Partnering with a Cedar Fire Horse: \$150 per person

Call Dr. T @ 502-375-4367 to sign up now. Or schedule your own weekend if you'd like with groups of 10 or more.